



FATHERS ON LEAVE AND GENDER EQUALITY: A COMPARATIVE PERSPECTIVE International Workshop

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Work-life balance



Sandra Ribeiro, *President of the Commission for Equality in Labour and Employment (PT)*

work-Life Balance is:
the relationship between the amount of time and effort that someone gives to work and the amount that they give to other aspects of life, such as their family...

- But does this apply to men and women at the same way?



men in Portugal

- spend 96 minutes per day cooking, cleaning or caring, lower than the OECD average of 131 minutes and less than a third of the time used by Portuguese women who spend 328 minutes per day, on average, on domestic work, one of the highest differences in the OECD .

In OECD "Better life index 2012"

and for over a generation of families, fertility rates in Portugal have been falling

- Today, only one other OECD country has a lower fertility rate (Korea).
- In 2013, less than 90.000 babies have been born in Portugal

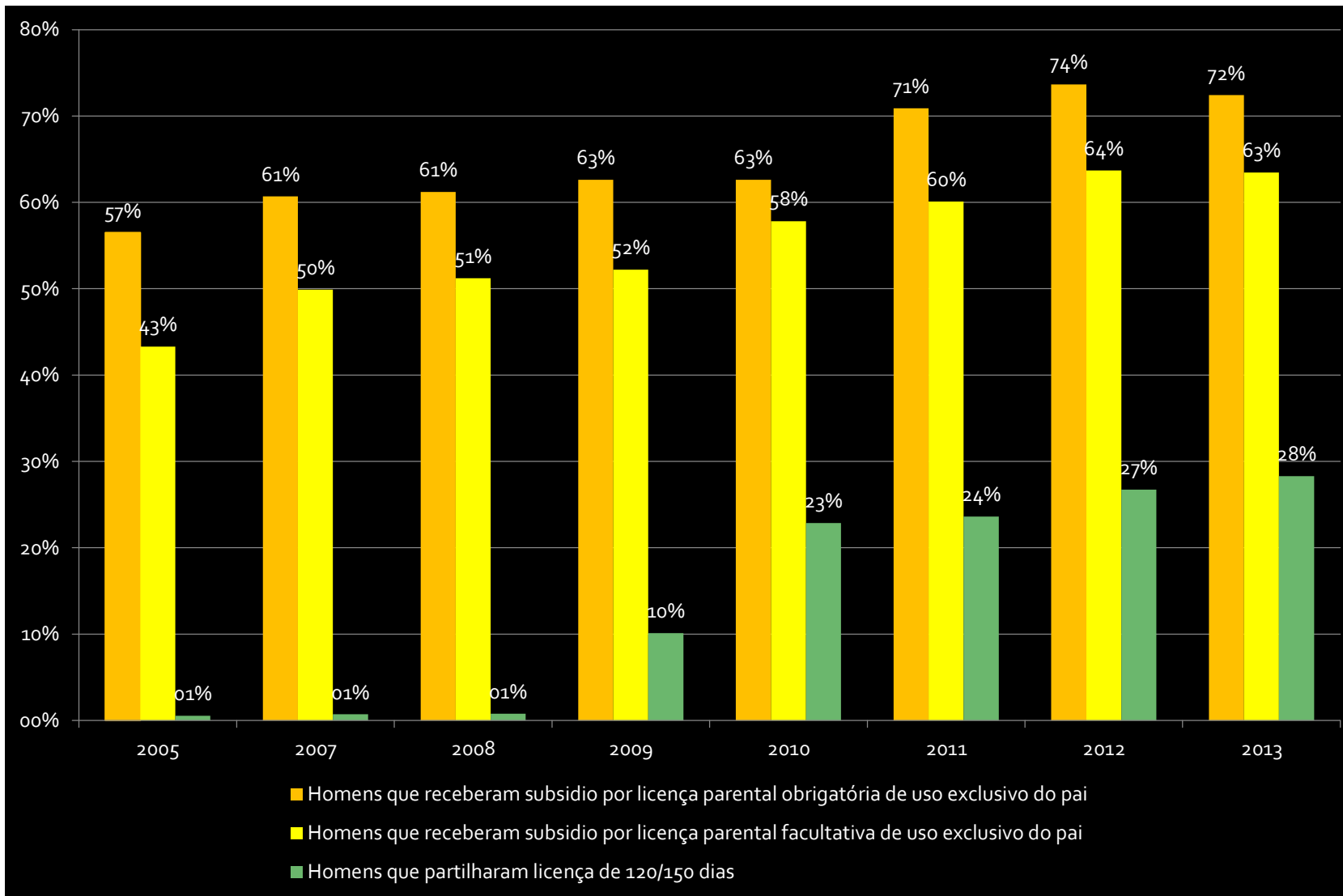
is there any connection between these
two aspects



what Portugal did lately to try to improve work-life balance

- Recent **parental leave reform** has helped both mothers and fathers to spend more time with their newborns, as well as promoting gender equity through financial incentives to share parental leave.

what Portugal did lately to try to improve work-life balance



what Portugal did lately to try to improve work-life balance

- Pre-school childcare enrolment in Portugal has tripled in the last decade, it now stands at around 65% (OECD average is 58.2%);
- Public campaigns to inform about work life balance issues.

Thank you!